

## Signs & Symptoms of Heat Stroke

- An anxious expression or staring appearance
- Heavy panting and raspy breathing
- Open mouth breathing
- Bright red gums
- Salivation
- Vomiting
- Collapsing, stumbling or falling down
- Elevated rectal temperature
- Lying flat on cool surfaces
- Skin feels warmer than usual
- Seizures

## Warm Weather Care

Dogs are generally intolerant of too much heat and knowing what to do if your pooch gets overheated could save his life.

### Why your dog is more at risk of heatstroke than you

- Dogs can't sweat. Instead they get rid of excess heat through panting, but sometimes this isn't enough to prevent overheating.
- Many breeds of dogs have congenital defects or underlying respiratory problems that restrict their ability to cool down through panting.
- Your dogs can't tell you they're too hot or ask for a cool drink of water.
- Thick fur or long hair serves as extra insulation.
- Your dogs can be so eager to please that they won't stop playing until their bodies can't take any more.

### What to do if you suspect your dog is overheating

- Immediately move your dog to a cooler area.
- If possible, dunk them in fresh water, such as a lake or a baby pool.
- If he's conscious and willing to drink, give him cool, fresh water.
- Check his temperature.
- Get him to the vet.

Rhododendron  
(Rhododendron  
chrysanthemum)



### HOT DAY DO's

- lots of cold drinking water
- keep them inside or in the shade
- keep them cool in a paddling pool, with a spray mist or the hose

### ALWAYS KEEP YOUR PET COOL

### HOT DAY DON'Ts

- don't leave them in a vehicle, even in the shade
- don't travel with them in a poorly ventilated vehicle
- no midday runs and no excessive exercise
- and remember, lots of water!